



## **ATTACHMENT BEHAVIOUR IN THE COUNSELLING ROOM**

### **PROVISIONAL PROGRAMME**

- 10:30 am Welcome and technical 'housekeeping' from Jeremy Acott
- 10:35 am Meet your Buddy Group for today in Breakout Rooms
- 10:42 am Teaching: How the Attachment System is formed – Secure and Avoidant Behaviour
- 11:05 am Film: Working with an Avoidant Client
- 11:20 am Comfort break
- 11:25 am Film: Feedback with Actors
- 11.35 am Buddy Group Discussion
- 12:00 noon Question Time with Katy/Morag and Pauline
- 12:10 pm Comfort break
- 12:15 pm Teaching Session: How the Attachment System is formed – Ambivalent and Disorganised Behaviour
- 12.40 pm Film: Working with an Ambivalent Client
- 12:45 pm Film: Feedback with Actors
- 12:55 pm Lunch break
- 1.35 pm Buddy Group Discussion
- 2.00 pm Question Time with Katy/Morag and Pauline
- 2.10 pm Teaching Session: Restructuring the Attachment System
- 2.30 pm Working Creatively with Attachment
- 2:45 pm Comfort Break
- 2:50 pm Question Time with Katy/Morag and Pauline
- 3:00 pm Final Buddy Group Session and say goodbye
- 3.10 pm Final Words
- 3:15 pm Say goodbye to the group