

GAME	DESCRIPTION	PAY OFF
<b>BLAMING GAMES</b>		
<b>TRADING STAMPS</b>	I will store up all your faults and dump them on you in one go	It proves that it is you that has the problem in this relationship and you're making my life difficult
<b>BLEMISH</b>	Finding fault, being picky – never give a straight A	Distracts attention from my own inadequacies by highlighting yours
<b>LOOK WHAT YOU MADE ME DO</b>	I blame you for my own problems – it's not my fault	Absolution of responsibility, make others guilty
<b>IF IT WEREN'T FOR YOU...</b>	Blaming others for my non-achievements – let myself off the hook	Absolution of guilt and responsibility – I don't have to do it
<b>I'M ONLY TRYING TO HELP!</b>	<b>COUNSELLORS BEWARE!!</b> I'm frustrated and feel inadequate	I can shift the blame to the client – <i>"You're not trying hard enough!"</i>
<b>AVOIDING GAMES</b>		
<b>YES, BUT...</b>	Coming up with reasons for avoiding your help	I stay in control – your suggestions aren't working; it's your fault
<b>POOR LITTLE OLD ME</b>	I am unlucky, helpless, overwhelmed by life; what do you expect from someone like me?	I don't have to change or step into something scary – you have to make allowances for me
<b>SHOOT MY BULLETS</b>	I will get you to fight for me	I stay out of trouble and you will get the blame if it goes wrong
<b>HIT AND RUN</b>	I will opt out, emotionally and/or physically	I will leave you feeling bad and avoid looking at my own stuff
<b>OTHER GAMES</b>		
<b>HARRIED</b>	<b>COUNSELLORS BEWARE!</b> I will meet all your needs	We are trying to prove we can do everything – Mr/s Do-It-All
<b>SWEETHEART</b>		