



MENTAL HEALTH ISSUES IN COUNSELLING

SATURDAY 24TH SEPTEMBER 2022

09.30am	Welcome; technical tips from Jeremy
09.35am	Meet your Buddy Group
09.40am	SESSION 1
	Causes of psychological disorder
	When the world lost its balance
09.55am	Alex's Story
10.05am	Buddy Group Discussion
10.20am	Break (10 mins)
10.30am	SESSION 2
	Classification of Mental Health disorders
	Anxiety Disorders
10.45am	Buddy Group Discussion - Phobias
10.50am	SESSION 3
	Affective (Mood) Disorders
11.05am	Denise's Story
11.15am	Buddy Group Discussion
11.30am	Break
11.40am	Any Questions?
11.50am	SESSION 4
	The Schizophrenias
12.05pm	SESSION 5
	Medication
12.15pm	Chris discusses Joanna Moncrieff's ideas
12.20pm	SESSION 6
	Where are we now?
12.30pm	Buddy Group Discussion (10mins)
12.40pm	Any questions?
12.50pm	10 Mental Illness Signs you should Not Ignore
	Final Slides