

3 MORE WAYS TO WORK CREATIVELY WITH THE INNER CHILD

PROGRAMME

19.00 hrs	Welcome and technical tips
19.05 hrs	Creating a Safe Place Your safe place – examples of client work
19.15 hrs	Wendy's Safe Place – video
19.25 hrs	5 min break
19.25 hrs	Working with Pictures General principles of Inner Child work
19.30 hrs	Hazel's work with pictures Part 1
19.40 hrs	What happened next
19.45 hrs	Hazel's work with pictures Part 2
19.55 hrs	Buddy Group discussion
20.10 hrs	5 min break
20.15 hrs	Questions and Comments
20.25 hrs	Working with the Roles Played in Families cards What roles are we still playing today?
20.30 hrs	Buddy Group activity
20.45 hrs	Feedback, Comments and Questions
20.55 hrs	Updates
21.00 hrs	Finish