



**Deep Release Online**  
*Professional Training for Counsellors*

## **WORKING WITH ANIMAL FIGURES IN COUNSELLING**

### **Wednesday 5<sup>th</sup> October 2022, 7-9pm**

- 7.00pm Welcome and introductions
- 7.05pm Video – my collection of animals
- 7.10pm Building a Collection of animal figures  
*Amazon – Etsy – Papo – Ebay – Zoos – friends with children!*
- 7.20pm Buddy Groups : *Which animal are you today?*  
Practising working with animals in 2s and 3s
- 7:35pm Feedback, questions and comments
- 7:45pm Video – Katy explores her roles with Animals
- 8:55pm Roles and Configurations
- 8.05pm Break (5 mins)
- 8.10pm Working with Animals on Groups
- 8.20pm Explaining the Online Package
- 8.30pm Sarah works with the Online Package – creating a Timeline
- 8.45pm Any Questions?
- 8.55pm Final Slides and Updates
- 9.00pm Finish