

WORKING WITH LOSS AND GRIEF PROGRAMME

Thursday 27th October 9.30am – 1.00pm

09.30am	Welcome & technical tips from Jeremy
09.35am	Meet your Buddies
09.40am	Loss and Grief in history Models of Grief Work
09.50am	Jenny's Story
10.05am	Continuing Bonds Dual Process Model Attachment Styles
10.20am	Buddy Group Discussion (15mins)
10.35am	Break (10 mins)
10.45am	Comments and Questions
10.55am	3 Stories of Loss
11.10am	Ambiguous Loss – Researched by Katy
11.30am	Buddy Group Discussion (15 mins)
11.45m	Break (10 mins)
11.55am	Comments and Questions
12.05pm	Regina's story
12.20pm	Interventions Taking Care of Ourselves
12.30pm	Break (5 mins)
12.35pm	Comments and Questions
12.45pm	Say goodbye to Buddies (share contact info if required)
12.55pm	Updates and Information
13.00pm	Finish