



**Deep Release Online**  
*Professional Training for Counsellors*

## **PSYCHOINTEGRATION FOR COUNSELLORS**

**with Dr Chris**

**Wednesday 16<sup>th</sup> November 2022**

**PROGRAMME (subject to change)**

9.30am	Welcome, Jeremy
9.35am	Meet your Buddies
9.40am	<b>Session 1: Creative Models of Integration</b>
10.00am	<b>Interview with Masha</b>
10.10am	Buddy Group discussion (15 mins)
10.25am	Break (5 mins)
10.30am	<b>Session 2: Cycles of Development</b>
10.40am	<b>Interview with Kay</b>
10.50am	<b>Session 3: The Brain and the Autonomic Nervous System</b>
11.05am	Buddy Group discussion (15 mins)
11.20am	Break (10 mins)
11.30am	Questions and Comments
11.40am	<b>Session 4: The Space Between</b>
11.50am	<b>Interview with Stephen</b>
12.00 noon	<b>Session 5: The In-Out Model</b>
12.15pm	<b>Interview with Suzanne</b>
	Break (5 mins)
12.25pm	<b>Session 6: Towards Integration</b>
12.35pm	Buddy Group Discussion
12.45pm	<b>Question and Comments</b>
12.55pm	Final Updates and Information
13.00pm	Finish