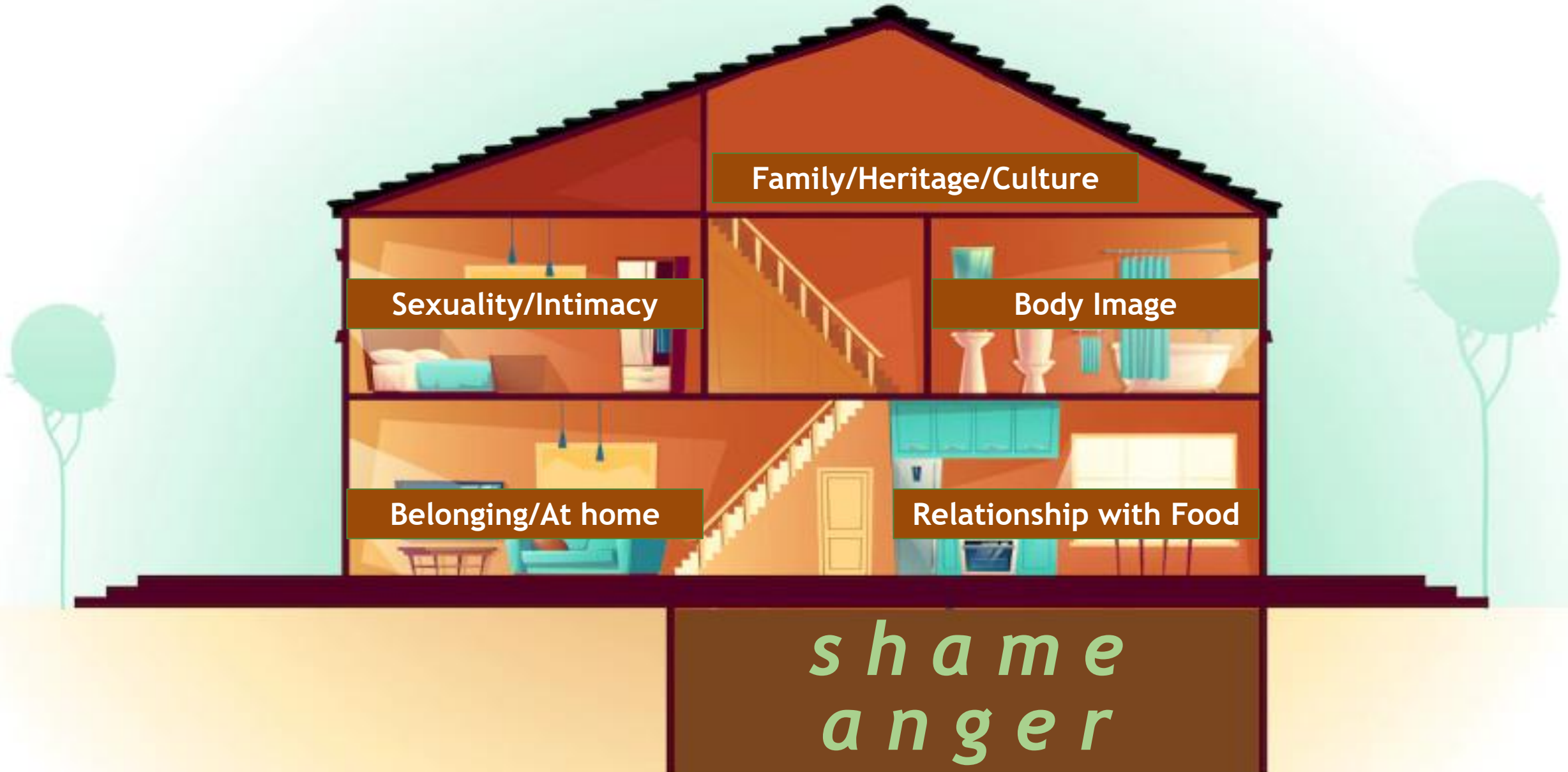


THE INVASIVE AND PERVASIVE EFFECTS OF SHAME



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AVOIDANT RESPONSE

Isolation

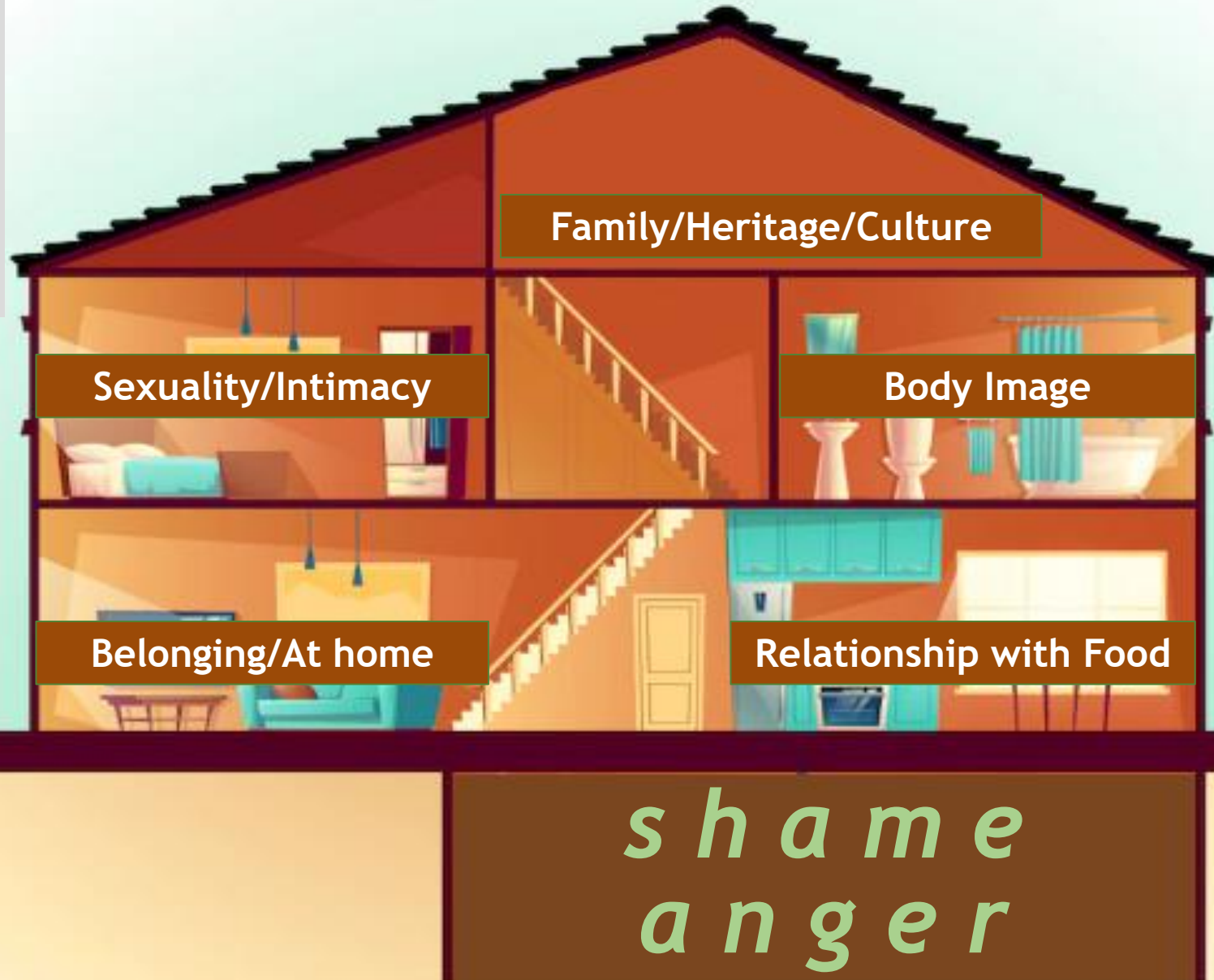
Withdrawal

I don't need anyone

I'm ok on my own

Don't get close

Life is DIY



THE INVASIVE AND PERVASIVE EFFECTS OF SHAME

AMBIVALENT RESPONSE

Clinging

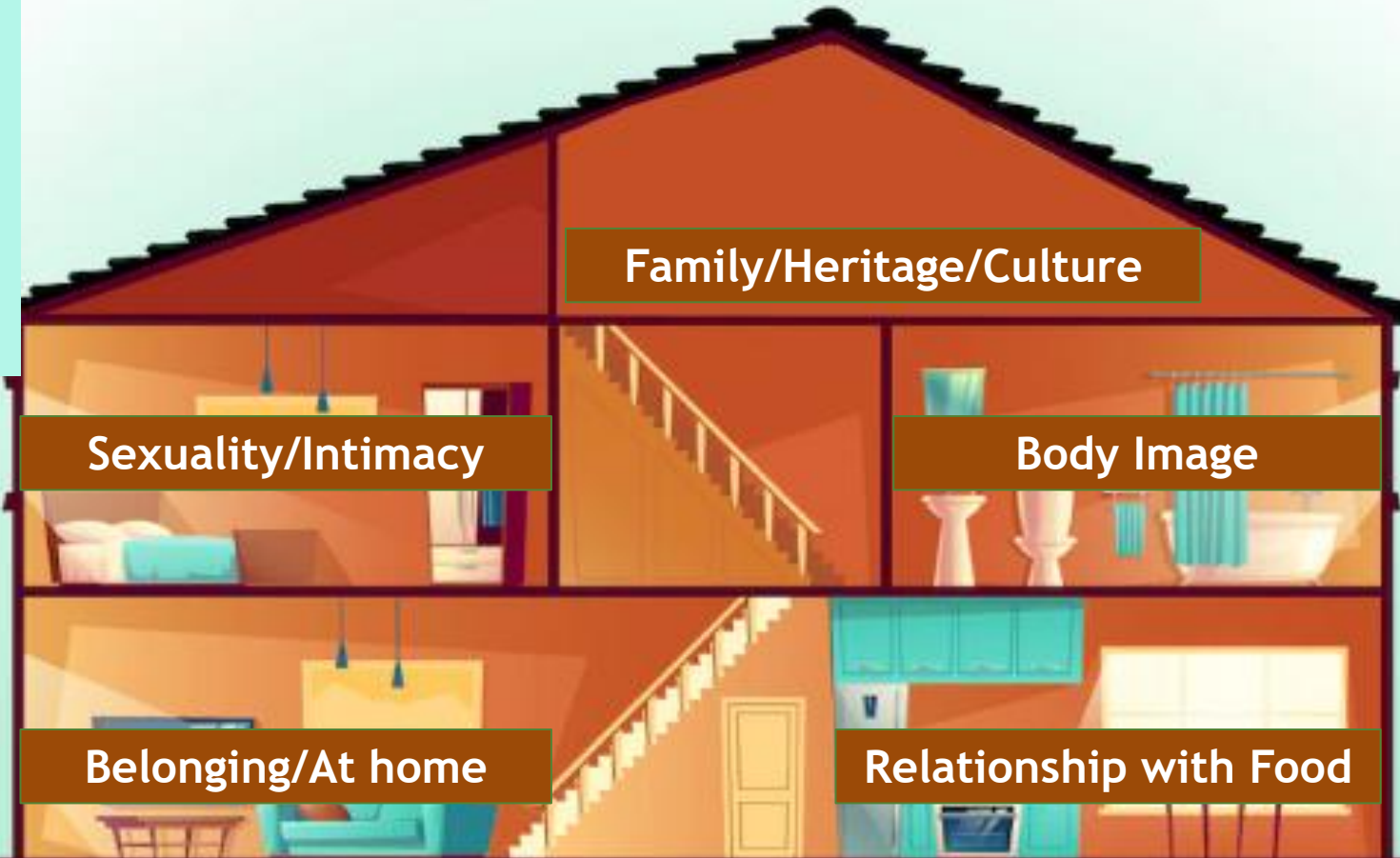
Anxiety

I'll be who you want

Please don't leave me

I can't be alone

What's wrong with me?



s h a m e
a n g e r