

COMPARISON CHART

Age	FREUD - Psychosexual	ERIKSON - Psychosocial	PIAGET - Cognitive
0-2 years Infant	ORAL STAGE: mouth, tongue, gums are focus of pleasurable sensations; feeding most stimulating activity.	TRUST vs MISTRUST: baby learns either to trust others will care for them or lack confidence in this.	SENSORIMOTOR PERIOD: most action is reflexive. Perceptions based on the body; objects are extension of self. <i>Object permanence; stranger anxiety</i>
18 months – 3 years Toddler	ANAL STAGE: anus is the focus of pleasurable sensations; toilet training most important activity.	AUTONOMY vs DOUBT & SHAME: children either learn to be self-sufficient (eg toileting, feeding, walking, exploring) or doubt their own abilities.	PREOPERATIONAL (Preconceptual): self-centred; asks many questions; explores the environment; rapid language development; associates words with objects.
3-6 years Preschool	PHALLIC STAGE: penis is the most important body part; boys proud, girls wonder why they don't have one (Oedipal conflict).	INITIATIVE vs GUILT: children want to undertake many adult-like activities, sometimes overstepping the limits set by parents and feeling guilty	PREOPERATIONAL (Intuitive): egocentric thinking diminishes; includes others in environment; enjoys repeating words; may count to 10; words express thoughts.
7-11 years Middle Childhood	LATENCY: an interlude when sexual needs are quiet and children put energy into conventional activities like schoolwork and sport.	INDUSTRY vs INFERIORITY: children learn to be competent and productive in mastering new skills, or feel inferior as unable to do anything well.	CONCRETE OPERATIONS: can solve concrete problems; understanding of size, right and left; understands viewpoints.
12-18 years	GENITAL STAGE: seeks sexual stimulation and satisfaction in relationships.	IDENTITY vs ROLE CONFUSION: <i>who am I?</i> Establish sexual, political and career identities or are confused about what roles to play.	FORMAL OPERATIONS: uses rational thinking; reasoning is deductive and futuristic; abstract logic; potential for mature reasoning.