



## Deep Release Counsellors Conference 2023

### PROGRAMME

Moor Hall Hotel & Conference Centre, Cookham, Maidenhead SL6 9QH

#### Fri Sept 15:

**14.00:** Room check-in opens. Please park in the main car park and walk back down the drive to reception to check in

**14.30 - 17.30:** Conference registration and coffee (Lounge/Bar). Don't worry if you miss it - there will also be a chance to register at the evening Welcome meeting.

**18.30 - 19.30:** Evening meal (Edinburgh Suite Restaurant)

**20.00 - 21.30:** Welcome meeting (Berkshire Conference Centre – Room 8, ground floor)

#### Sat Sept 16:

**07.30 - 08.15:** Optional devotional time (Berkshire Conference Centre – Room 8, ground floor)

**08.00 - 09.00:** Breakfast for residents (Edinburgh Restaurant)

**09.20:** Plenary session - Berkshire Conference Centre – Room 8, ground floor

**09.30:** Workshops Session 1

**11.00:** Refreshments

**11.20:** Workshops Session 2: (straight to workshop rooms)

**13.00:** Lunch (Edinburgh Suite restaurant)

**14.00:** Workshops Session 3: (straight to workshop rooms)

**15.30:** Refreshments

**16.00:** Free time

**17.30:** Dress up for formal dinner!

**18.00:** Group photo (lawn in front of the Edinburgh Restaurant )

**18.30:** Formal candlelit dinner (Edinburgh Restaurant)

**20.00:** Fun quiz & game evening! (Berkshire Conference Centre – Room 8, ground floor)

### **Sun Sept 17:**

**07.30 - 08.15:** Optional devotional time (Berkshire Conference Centre – Room 8, ground floor)

**Please vacate bedrooms before 11am**

**08.00 - 09.00:** Breakfast for residents (Edinburgh Restaurant)

**09.20:** Plenary session (Berkshire Conference Centre – Room 8, ground floor)

**09.30:** Workshops Session 4

**Please vacate bedrooms before 11am**

**11.00:** Refreshments

**11.20:** Workshops Session 5 (straight to workshops)

**13.00:** Lunch (Edinburgh Restaurant)

**14.00:** Closing session, including Being a Deep Release Counsellor and joining a Regional Group (Berkshire Conference Centre – Room 8, ground floor)

**15.30:** Finish

**Workshops will start promptly so please be on time!**

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### **Emergency contact numbers:**

Pauline Andrew – 07734 306810  
Katy Bodman – 07779 306963

### **WiFi:**

Network: Moor\_hall  
Password: Cookham09