



Workshop Title	What to Bring
Make a clay labyrinth - with Angie Petrie	Please bring an apron, and some plastic gloves if required.  It's also a good idea to bring a plain tea towel to put your clay on and something to carry it home in.
Using Clay to work with the Inner Critic - with Cara Cramp	
Using the Inside Out figures in counselling - with Angie Dulwich	Scissors
Combining Cards with Artwork in counselling - with Pauline Andrew	Your choice of coloured pens/pencils/pastels/crayons/felt tips
Age matters - how a creative approach can help older clients who are negotiating Erikson' 8th life stage - with Julia Everett	Felt tips and a few small items that remind you of your earlier years or special moments eg a small photo or ribbon from a dress, a badge or medal - something that can fit into a small box that will be a good memory from the past
Adoption issues in counselling, including proposed legal changes - with Chelle Fussell	Notepaper and pen and/or coloured pens to write with.
Therapeutic doodling - connecting the conscious and unconscious and creating new neural pathways through neurographic art - with Debbie Waldron	Your choice of coloured crayons, pencils, pastels or felt pens. Debbie will provide paper and marker pens and have some colouring items available.
Let's talk about Stress & Burnout - with Pauline Andrew	Scissors