Artwork: General Principles

- Invite the client to recreate the picture simply, using colour
- Ask them what the 'feeling title' would be – this takes you into the world of the client
- Explore their feelings, and add words to the picture
- See what messages might be coming from different parts of the picture, using speech bubbles, like in a cartoon
- See if the client sees themselves in the picture – we don't take it for granted
- Once the client is drawing, the picture is theirs and it can be changed any way they like
- Be sure to take a photo at the end of the session