

WHEN SIBLINGS WOUND

Saturday 15th March 2025

PROGRAMME

(subject to change)

09.30am	Welcome and introductions
09.35am	Session 1 : Sibling Dynamics
	Sibling Relationships
	Birth Order
10.10am	Lesley's Story – <i>5 Minutes Younger</i>
10.25am	Buddy Groups (15 mins)
10.40am	Break (5 mins)
10.45am	A question of Identity
11.00am	Different Parenting Styles
11.15am	Lynne's Story – <i>Disconnected</i>
11.30am	Using the Roles Played in Families Cards
11.35am	Buddy Groups
11.50am	Break
11.55am	Questions and Comments
12.05pm	Julia's Story – <i>Abuse and Shame</i>
12.20pm	Katy – Tools to Use with Clients
12.35pm	Final Buddy Group – say goodbye
12.45pm	Questions and Comments
12.55pm	Resources
13.00pm	Finish