

LOSING THE WILL TO LIVE PROGRAMME (approximate timings)

09.30am	Welcome
09.35am	Session 1 : Understanding Suicide
09.50am	Buddy Group Check in (5 mins)
09.55am	<i>Heather's Story</i>
10.05am	Session 2: The Suicidal Voice and the Suicidal Trance
10.15am	Buddy Group Discussion (15 mins)
10.35am	Break (5 mins)
10.40am	Session 3 : Risk Assessment
10.50am	Session 4 : Moral, Ethical and Legal Considerations
11.05am	Buddy Group Discussion (15 mins)
11.10am	Break (5 mins)
11.25am	Comments and Questions, including feedback from groups
11.35am	Session 5 : :The Counsellor's Experience
11.45am	<i>Jackie's Story</i>
11.55pm	Session 6 : Therapeutic Responses
12.10pm	Buddy Group Discussion (15 mins)
12.25pm	Break (5 mins)
12.30pm	Session 7 : Care for the Client, Care for Yourself
12.40pm	Comments and Questions
12.50pm	Say Goodbye to Buddies – exchange details if you would like to
12.55pm	Information and updates
13.00pm	Finish