

DEEP RELEASE COUNSELLOR CONFERENCE 2025 PROGRAMME

Time	Event	Presenter	Room and Details
Friday 12th September			
3.00pm onwards	Arrivals and check in		Moor Hall and Deep Release check in desks
6.00pm	BUFFET DINNER		Edinburgh Restaurant
7.00pm – 8.30pm	Welcome Meeting Meet your Buddy Group	Pauline and Team	Room 8, Berkshire Suite
Saturday 13th September			
07.30 – 8.15am	Optional devotions	Hannah and Team	Room 8, Berkshire Suite
08.00 - 09.00am	BREAKFAST		Edinburgh Restaurant
09.10am – 09.25am	Buddy Group Check-In		Room 8, Berkshire Suite
Workshop Sessions	Working with Trees & Seas, Hearts Whisper and Hard Feelings cards	Debbie Waldron and Cara Cramp	TBA
PART 1: 9.30 – 11.00am	Working with the Inner Child: Creative Interventions and personal exploration	Hazel Barton and Hannah Lamont-Lawal	TBA
REFRESHMENTS 11.00 - 11.20am	Working with The Shadow through discussion, image-making, writing and playful embodiment	Katy Bodman and Alex Gulland	Thames 2
PART 2 11.30am – 1.00pm	Exploring Relationships: conflict, rupture and repair, including creative interventions	Dr Chris and Pauline Andrew	Room 8 Berkshire Suite
1.00 – 2.00pm	LUNCH		Edinburgh Restaurant
Plenary Session	Introduction to Pesso Boyden Therapy	Masha Bennett	Room 8, Berkshire Suite
PART 1 : 2-3.00pm			
REFRESHMENTS 3.00-3.30pm			
PART 2: 3.30-4.30pm			
4.30pm – 4.45pm	Buddy Group Check-in		
4.45pm – 6.00pm	FREE TIME and a chance to visit the stalls in Room 6 of the Berkshire Suite.		
6.00pm	GROUP PHOTO		Steps
6.30pm	DINNER / BARBECUE		Edinburgh Restaurant or Outside
7.30pm	A chance to chill and chat or enjoy some board games and crafts for you and your Inner Child!		Bar area

Time	Event	Presenter	Room and Details
Sunday 14th September			
07.30 – 8.15am	Optional devotions	Hannah and Team	Room 8, Berkshire Suite
Please clear your rooms before 9am – luggage may be kept in a safe place by the conference centre if needed.			
08.00 - 09.00am	BREAKFAST		Edinburgh Restaurant
09.10 - 09.25am	Buddy Group Check-In		Room 8, Berkshire Suite
Workshops 9.30am – 11.00am	What's the big deal with AI? An exploration of the extraordinary power of AI and implications for counsellors	Dr Chris	TBA
	Working Online with Web Apps: a chance to watch demos and ask questions	Pauline Andrew	Room 8, Berkshire Suite
	Heart and Soul : A space to explore your own reactions to group process in a safe, healing environment	Katy Bodman and Morag Barker	TBA
	Working with Clay: Attachment issues explored through the medium of clay	Cara Cramp	TBA
11.00 – 11.20am	REFRESHMENTS		
Workshops 11.30am – 1.00pm	Flow as a River: a creative exploration of resilience and resourcing	Morag	TBA
	Working Online with Web Apps: a chance to watch demos and ask questions	Pauline Andrew	TBA
	Heart and Soul: A space to explore your own reactions to group process in a safe, healing environment.	Katy Bodman and Lesley O'Connor	TBA
	More time with Masha, following on from her keynote session	Masha Bennett with Debbie Waldron	Room 8, Berkshire Suite
1.00 – 2.00pm	LUNCH		Edinburgh Restaurant
2.00pm	Closing Session Say goodbye to your Group	Pauline and Team	Room 8, Berkshire Suite
3.00pm	Finish, pack up and head home		

Telephone Numbers

Moor Hall Reception : 07826 550840

Pauline Andrew: 07734306810