

24-26th 2026 : THE HEALING DANCE: TA AND GESTALT TOGETHER: PROGRAMME

TIME	EVENT	WHERE TO GO	WHAT'S HAPPENING	
FRIDAY 24th APRIL				
From 2.00pm	Arrivals, check in at the Deep Release desk in the bar and collect your conference bag. Bedrooms will be open from 3pm.			
4.00-5.30pm	Welcome and Plenary Session	Berkshire Suite, Room 8 Pauline	The Invitation: Engaging all our Parts in the Dance	
6.00pm	Buffet Dinner	Edinburgh Restaurant <i>If you have pre-booked dietary requirements, please inform restaurant staff at each meal</i>		
7.00pm	Meet together in Berkshire Suite Room 8 for conference information Meet your Buddy Group + Creative Group Mandalas, followed by free time in the Bar.			
SATURDAY 25th APRIL				
7.30-8.30am	Buffet Breakfast	Edinburgh Restaurant		
9.15am-9.55am	Teaching Session	Berkshire Suite, Room 8 Katy &	Dancing in Step: Deepening Presence with your Client	
10.00am – 11.00	Workshop 2	Owls	Thames Suite	Practical Workshops to engage with the workshop material and share with one another.
		Kingfishers	Thames Suite	
		Toucans	Room 10	
		Swans	Manor 7	
11.00	Refreshment Break : hot drink machines are placed in the Berkshire Suite entrance, and in the main Moor Hall bar area, where you registered yesterday.			
11.20am-12.00	Teaching Session	Berkshire Suite, Room 8 Hazel & Hannah POLARITIES/PUPPETS	Dancing with Your Inner Child: Joy, Play, and Healing	
12.00 – 1.00pm	Workshop 3	Owls	Thames Suite	Practical Workshops to engage with the workshop material and share with one another.
		Kingfishers	Thames Suite	
		Toucans	Room 10	
		Swans	Manor 7	
1.00pm	Buffet Lunch	Edinburgh Restaurant		
2.00-2.40pm	Teaching Session	Berkshire Suite, Room 8	Stories in Stone: The Art of Painted Presence	

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2.40-3.10pm	Activity	Angie STONES		Painting your Stones
3.10-3.30pm	Workshop 4 Share your stones	Owls	Thames Suite	
		Kingfishers	Thames Suite	
		Toucans	Room 10	
		Swans	Manor 7	
3.30pm	Free time			
6.30pm	Buffet Dinner	The Edinburgh Restaurant		
7.30pm	Fun and Games	Bar area	This evening we return to the Bar area to enjoy a variety of board games that bring back childhood memories! Come and join in the fun!	
SUNDAY 26th APRIL				
7.30am-8.30am	Buffet Breakfast	Edinburgh Restaurant		
<i>Please vacate your rooms after breakfast; luggage can be stored safely by the hotel if required.</i>				
9.15am-9.55am	Teaching Session	Berkshire Suite, Room 8 Katy & Pauline CYCLE OF AWARENESS		The Unfinished Dance: Blocks, Bumps and Barriers
10.00am-11.15am	Workshop 4	Owls	Thames Suite	Practical Workshops to engage with the workshop material and share with one another.
		Kingfishers	Thames Suite	
		Toucans	Room 10	
		Swans	Manor 7	
11.15	Refreshment Break			
11.35am-12.15am	Teaching Session	Berkshire Suite, Room 8 CHRIS & CLAIRE		Revisiting the Unfinished Dance: Completion and Release
12.15-1.00pm	Workshop 5	Owls	Thames Suite	Practical Workshops to engage with the workshop material and share with one another.
		Kingfishers	Thames Suite	
		Toucans	Room 10	
		Swans	Manor 7	
1.15pm	Buffet Lunch	Edinburgh Restaurant		
2.00pm	Closing Session	Room 8	Final Thoughts, Saying Thank you and Goodbye for Now	
3.00pm	Finish, clear up and head for home			



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