



## **BEYOND THE LABEL**

### **Working with Diagnosed Clients in Counselling Programme (subject to change)**

- 9.30am** Welcome
- 9.35am** Introduction
- 9.40am** **Session 1: Psychological Disorders**
- 10.00am** **Session 2: Labels – For and Against**
- 10.15am** Buddy Group 1
- 10.30am** Break
- 10.35am** **Session 3: Anxiety Disorders**
- 10.50am** **Session 4: Affective (Mood) Disorders**
- 11.05am** Buddy Group 2
- 11.20am** Break
- 11.25am** Comments and Questions
- 11.35am** **Session 5: The Schizophrenias**
- 11.45am** **Session 6: Personality Disorders**
- 12.00pm** Buddy Group 3
- 12.15pm** Break
- 12.20pm** **Session 7: Autism Spectrum Disorders**
- 12.35pm** **Session 8: Let's talk about meds**
- 12.45pm** Comments and Questions
- 12.55pm** Updates, Information and Resources  
*There may be time for a final Buddy Group to say goodbye*
- 1.00pm** Finish